



June Newsletter

A monthly publication of the Probus Club of Seaforth

Probus Club of Seaforth

Founded in 1990, Inc 1996
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President's Message

June 2022

I was informed this week that the average age of our members is 83. There is no doubt in my mind that we are mentally and physically healthier and stronger today than previous generations.

That doesn't mean that we should disregard our legal affairs and delay until "next year" putting our affairs in order.

How many of us have an up to date Will or if we have one, is it still effective or has its terms been altered or revoked by certain events.

How many of us have given to a trusted person a Power of Attorney to allow that person to make financial and legal decisions on your behalf, if you yourself are unable because of absence, or simply wish another person to look after your affairs.

How many have discussed with a family member what should happen if a health issue arises that results in your not being able to make decisions about where you want to reside or what medical treatment you should receive.

I suspect that most of us do not have an Enduring Power of Attorney and even fewer have an Appointment of Enduring Guardianship. The difference is that these very formal documents endure or stay effective, notwithstanding that you have lost mental capacity to look after your affairs or make decisions about your health and lifestyle. They remain effective until death or you revoke or cancel these arrangements.

Unfortunately, these formalities are expensive and usually involve a solicitor and registration costs.

I recently became aware of a friend's predicament which could have been avoided. He and his wife (her second marriage), were for many years, in a successful business partnership and had acquired in their separate names, for tax and personal reasons, real estate and shares in public companies. The children from her first marriage do not have a friendly relationship with their stepfather.

The wife was involved in an accident seriously impairing her mental and physical health. They did not have any form of power of attorney or guardianship.

As business and lifestyle decisions were urgently needed a stressful, time consuming and expensive application had to be made to the NSW Civil and Administrative Tribunal, for firstly the husband to be appointed guardian, which allowed him to organise proper accommodation and medical care, and secondly, appointment as her Attorney and financial manager.

His application was successful but he was warned that any unusual decision involving money or assets could only proceed with the tribunal's consent.

The children from the wife's first marriage contested both applications.

Next Meeting

Tuesday, June 28, 2022

Seaforth Bowling Club

Meeting Agenda

9.30 Registration, morning tea and fellowship.

10.00 Guest Speaker: Ngaire Hobbins —
Brain Body Food.

10.50 Business.

If not attending, please inform: *John Higson* 0416 142 768

jhig1062@bigpond.net.au.

Following meeting: Tuesday, July 25

Because of the complexity of their affairs, I suspect difficulties lie ahead which could have been avoided by putting in place enduring powers of attorney and guardianships.

Grahame Goldberg, President

Coming Events, Registrations and Payments 2022

July 13 (Wed) 12 noon – Xmas in July, Wakehurst Golf Club – Cost \$50 payable now.

Aug 30 (Tues) – Picton Heritage Tour with guide – Cost \$80 pp.

Sept 19-26 (Mon-Mon) – Toowoomba Festival of Flowers and O'Reilly's – Fly to Brisbane, then Toowoomba, Coffs Harbour, Port Macquarie, Wallis Lake cruise – Cost \$2690 pp, \$540 single supplement, \$600 deposit pp.

Cheque payable to the Probus Club of Seaforth Inc

Current Membership 98

JUNE BIRTHDAYS

Pauline Hayes, Blanka Barton, June 17; Mick Greig, June 18; Berris Hodges, June 21; Carol Style, June 22; Stan Gibson, June 25.

Meet and Greet

Sandra and Ross Buckton

Guest Speaker

Ngaire Hobbins

Our guest speaker this month is Ngaire Hobbins and Ngaire is a dietitian and Chair of the Australian Association of Gerontology, Tasmanian Division. Ngaire is an Authority on Nutrition, Ageing, Brain Health and Dementia Risk Reduction and will have her latest book "Brain Body Food" for sale — *Susan Stead*

Welfare Report

I am sure you do not need me to remind you of the cold weather coming from the Southern Ocean that we are shivering through. Please remember to turn off blankets and fires when retiring at night.

Unfortunately some of our members are having a stay at NBH; our Vice-President John Grant spent some time there, but has now returned home to Jenny. Also other members who are not in the best of health, a quick return to full health is extended.

Look after yourselves and look forward to joining you at the next meeting.

Judith Doig, Welfare Officer

After-meeting luncheon

Don't forget to contact Sue Goldberg by Friday, June 24 to ensure your meal is there for you after our monthly meeting on Tuesday, June 28.

The menu this month is Salmon with Salad \$15 or Carrot Soup with sour dough bread \$12.

Phone Sue 0417 776 797 or Grahame 0419 014 190.

Christmas in July

There will be entertainment and 3 door prizes.

Beverages will be at club expense so do please come along and make up for 3 years of COVID coventry and deprivation.

Payment of \$50 pp happily accepted at June meeting please, and some indication of your menu choice would be handy, eg a full Christmas fare, a half Christmas fare with an alternate choice of beef, chicken, Barramundi or a selection of two from the four options.

John Grant

TREASURERS REPORT

As at 31/5/2022 our corrected bank balance is \$11,872.91 and our members funds are \$9137.91. This is down from April as we paid our Probus South Pacific annual fee plus Dept of Fair Trading annual fee. None the less we are financially sound and will subsidise future activities as decided by your committee

Stuart Sercombe, 9451 2369

Activities

Bowls Report

Nice to report that the "Pro Bowlers" have had FIVE weeks in a row without RAIN.

Now, the comp has three weeks to run, and we have three contenders, great! Don Elliot is in the Lead, with his two "chasers", Jenny Grant and Ric.

Whipp just one point behind. So some good "rollups" ahead. (Three more one point back!)

One important point, I don't think I've mentioned before, you don't have to let me know if you are going to "rollup". If you arrive by 9.15am you are in, and I make up the "draw" with those who are present — no excuses needed for non-

attendance. You are always welcome to “rollup” and see what’s going on.

Love to see you.

Lee Murrell, Organiser and Handicapper



John Rose and Warren Ogborne warming up for bowls

Walking Group Curl Curl Sports Centre Monday, July 5

Walk Details: We will meet at 9:45 for 10 at the Curl Curl Sports Centre, Netball Park, Abbott Rd, opposite Playfair Rd and walk along the park, returning to Playfair Rd where we will walk up 200m to Curly’s on the corner to enjoy our traditional coffee.

Walk time: Approximately one hour.

Grade: Easy, mostly on flat ground.

Discovery Day Outings

Picton Heritage Tour with Guide Tuesday, August 30

Again, we will have Judith Dunn as our guide to Picton’s history dating back to 1822.

Highlights are Jarvisfield, the first land grant, The Stonequarry Viaduct, the 1860 Tollgate Lodge, the Imperial Hotel built 1860 and history of the railway and the Station Master residence.

In the afternoon we drive the Loop Line passing

Coming Events

8 Day Fly/Drive Tour Toowoomba Festival of Flowers and O’Reilly’s September 19-26

This year our extended tour will be with OnCourse Tours.

We have a hold on 20 places on the tour.

Facilities: There are a number of seats with park views along the way.

Parking: Free parking is available near the sports centre.

Enquiries: Ray Isaacs, 0412 578 104; Hazel Sellin, 0422 524 021.

Luncheon Group

Our June luncheon at Dee Why RSL attracted 30 hungry munchers — a record roll-up. The trivia quiz was won by the ‘Brains Trust’ team by just one point from the ‘Whizz Kids’.

We won’t be having a Luncheon Group lunch in July because of Christmas in July, however we’ll be back again on Wednesday, August 10, this time at Manly Warringah Leagues.

Be sure to reserve that date.

David Foster, Luncheon Group Co-ordinator

Tech Group

The next Tech Group meeting is to be at the Totem Club at 11 am, Tuesday, July 12.

At our last meeting we talked about photos — taking, editing, saving, folders and sending. We will probably continue this at our next meeting in July

Interested members coming along may need to enrol to join the Totem Club if you haven’t already done so, for a nominal fee.

Save this date ...

Any member wishing to join, contact Gavin at ghmkerr@icloud.com or phone 0404 073 76.

acreage farms and stopping at Common Ground for a chance to buy organic products. On to Razorback and return to Picton to see St Marks Church (1851).

Full details are attached. The cost is \$80 per person and includes morning tea and a two-course lunch at Tahmoor Inn.

Contact Clive Sargent sergentcr@tpg.com.au or 0412 611 811

Full details are attached, and a short summary is as follows.

- Group pickup at your homes.
- Fly to Brisbane and connect with our coach for a day tour of Brisbane and travelling on to Toowoomba.
- Two nights in Toowoomba and a major highlight is the Toowoomba Flower Festival.

- Two nights at O'Reilly's Guest House in the Lamington Nation Park, a World Heritage listed rainforest.
- On to Coffs Harbour travelling via the Border Ranges National Park and Grafton for one night at Opal Cove Resort.
- Travelling to Port Macquarie for two nights at the Waters Edge Hotel Resort. Enjoy a cruise at Wallis Lake.

Cost per person twin share is \$2,690 inclusive of air fare to Brisbane. Single supplement \$540. Deposit \$600 per person.

Register your interest with Clive Sergent at our next meeting or email Clive crsergent@tpg.com.au.

Entertainment

THE SAPPHIRES

Would everyone who wishes to attend the Glen Street Theatre to see The Sapphires on Sunday, August 7 at 5pm, please bring the entrance fee of \$68 to the June meeting. The tickets will be given out at the July meeting.

Pamela Reese



Above, clockwise: Pam Reese and Pauline Hill;
Our intrepid SCG tourists; Jim Varjavandi;
and Dianne Swan with guest speaker Andrew Tink.

